

Evidence shows that group consultations:

- Support adults with multiple long-term conditions – a key priority for the first wave.
- Deliver proactive, personalised care at neighbourhood level – face-to-face & online.
- Free up clinical time while improving patient outcomes and experience.

Proven results across NHS teams worked with include:

- Diabetes: 38% reduction in medications; up to £70k saved per 1,000 patients annually & 50%+ of pre-diabetic patients into remission.
- Menopause & Women's Health: 82% triaged without a 1:1 appointment; over 930 clinician hours saved; sessions 1200% more efficient than traditional GP appointments.
- Operational impact: waiting lists cut, time per patient reduced by up to 60% and consistently high patient satisfaction (9/10).